

# SAINA SERAJ

PERFORMING ARTIST



## ABOUT ME

As an emerging artist, I am looking for new, different ways to communicate with my audience. For this purpose, I try to use puppets, objects, music, & light more creatively. I believe that there is no difference between actor's theatre & puppetry. So, we shouldn't limit ourselves to formal categories.

## CONTACTS

Website: <https://serajsaina.wixsite.com/portfolio>

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## TEACHING EXPERIENCES

22 Jun. - 21 Dec 2019

- Teacher Assistant & Theater Facilitator in the Walnut Peel Breaking Workshop. (Teaching life etiquette through theater to children & adolescents)

Pichazi Art House, Tehran, Iran

22 Nov. 2015 - 20 Jun. 2016

- Theater Teacher in primary school

Rah-e-Roshd Cultural & Educational Cooperative Company, Tehran, Iran

## EDUCATION

### B.A. in Puppetry

Jan. 2014 - Feb. 2019

University of Tehran, College of Fine Arts, Tehran, Iran

Theoretical Thesis: Using Magnetic Abilities to Create Magic in Puppetry - Supervisor: Dr. Shiva Masoudi

Practical Project: Osgood Schlatter

GPA: 16.03/ 20

### Pre-university degree in Art

Sep. 2012 - Oct. 2013

Shahid Avini 2 Art School, Tehran, Iran

GPA: 13.70/ 20

### High school diploma in Mathematics & Physics

Sep. 2009 - Mar. 2012

Mohajer-e-Iravani High School, Tehran, Iran

Tohid Boarding High School, Tehran, Iran

GPA: 10.93/ 20

## PROFESSIONAL EXPERIENCES

Dec. 2022 - Present

Assistant & Facilitator, Cracking the Walnut Shell Workshop

Farsh Film Cultural Complex, Tehran, Iran

Apr. 2022 - Present

Podcasting Narrator & Host

"Shonoud" Podcast, Home Studio, Tehran, Iran

Sep. 2017 - Now

Designing & Making Vintage Dolls

"Rosemary Room" Project, Home Studio, Tehran, Iran

Oct. - Nov. 2020

Director & Sound Designer & Object Manipulator in the "Incessant" Offline Performance

Home Studio, Tehran, Iran

Jan. - Feb. 2019

Director, Puppet & Accessories Creator, & Puppeteer in the "Osgood Schlatter" Performance

Tehran University of Art, Tehran, Iran

Apr. - May 2017

Actor in the "Responsibility for Breaking the Absolute Silence" Theater

The Main Hall of Molavi Hall, Tehran, Iran

Jun. - Aug. 2016

Puppeteer in the "Gonbad be Doosh" (The Dome on the Shoulders) Theater

The Qashqai Hall of City Theater, Tehran, Iran

Oct. - Nov. 2014

Actor in the "Nectar" Theater

Azadi Cultural Complex, Tehran, Iran

## SOFTWARE SKILLS

- ADOBE PHOTOSHOP



- ADOBE AUDITION



- MICROSOFT OFFICE



## HANDS-ON SKILLS

- Doll Making & Sculpting with Wood
- Professional Cooking
- Soldering (stand glass technique)

## LANGUAGES

- Farsi | Native
- English | Advanced (IELTS Overall: 7)
- Italian | Advanced

## HOBBIES

- Listening to music
- Learning about the Environment & Wildlife
- Studying Art History

## PERFORMANCE TEXT

Last Edition: Aug. 2021

### **Patterns Swallow Us**

Written for self-performing by my own directing

\*\* The performance canceled because of the recent protest movements in Iran

## FESTIVALS

Nov. 2020

2nd Young Unima International Festival, Tehran, Iran

## VOLUNTARY ACTIVITIES

Jul. - Sep. 2021

Teaching English Language to deprived students; Kalporagan School - Kalporagan Village, Iran

9-10 Dec. 2017

Simultaneous Interpreter (English to Persian; vice versa) in the workshop, Personal Narration of People through Papers. Molavi Hall, Tehran, Iran

## WORKSHOPS ATTENDED

9 - 10 Dec. 2015

The Personal Storytelling of People through Papers; taught by Mr. Gary Friedman - Molavi Hall, Tehran, Iran

1 - 6 Oct. 2015

Paper World; taught by Mr. Gary Friedman - Held at the 22nd International Children & Youth Theater Festival, Hamedan, Iran

27 Jul. - 16 Aug. 2015

Creating; taught by Mr. Makan Ashgvari - Azadi Plateau Complex, Tehran, Iran

11 - 25 Apr. 2015

Actor the Source of Image & Music; taught by Mr. Jatcek Timingeriu & Mrs. Katarzyna Timingeriu - Held with the invitation of the "Av" Theater Group in Dārbast Platform, Mohsen Gallery, Tehran, Iran

Jul. - Oct. 2014

Factory; taught by Mr. Makan Ashgvari & Ms. Sarah Feli - Azadi Plateau Complex, Tehran, Iran

4 - 6 Jan. 2014

Enter practice / Enter performance; taught by Ms. Katerina Bakatsaki - Held with the collaboration of the Art University of Tehran & the Utrecht University, Tehran, Iran